

The Southern Yarn

August/September 2022

NEWSLETTER OF THE DOWN UNDER CLUB OF WINNIPEG INC.

downundercalendar

AUGUST

Annual Golf Tournament
Saturday 27th August, 1 pm
at The Players, 2695 Inkster Blvd.

See details (right)

SEPTEMBER

Annual Damian Mills
Memorial Cricket Match
Sunday, 4th September

See details (right)

Brunch At Miss Browns,
Hargrave Street Market, 2nd
Floor, Off True North Square Plaza
Sunday, 11th September, 9 am

See details (right)

OCTOBER

Annual not-so-Formal Dinner
Saturday, October 22nd, 5:30 pm
Back to Bailey's, 185 Lombard Ave

See details (right)

NOVEMBER

Annual General Meeting – TBA

RSVP and further info
for all events:

Call Judy Powell at **204 275 7083** or email social@downunderclub.mb.ca to let us know you're coming, and for more information.

STAY COVID-SAFE. Please wear a mask if you wish. Some indoor areas do require wearing a mask; for others it is a suggestion. please be aware provincial requirements may change.

Land Acknowledgement

The Down Under Club of Winnipeg meets on Treaty 1 territory in the Province of Manitoba and the homeland of the Métis Nation. We acknowledge the Traditional Owners and Custodians of the land on which we live and gather, and all the lands from whence we came, including Aotearoa New Zealand, Australia and Canada. We pay our respects to the people, the cultures and the elders past, present and emerging.

Pool Party

After a gap of a couple of years, it was great to be back in swimming action at the Club's pool party with hosts Lynley and family. The weather was just dandy and there was plenty of sunshine, and shade for sitting in, over several hours in the mid to late afternoon. It was good to see many members again plus a few of our friends/associates. Burgers, chicken and buns were provided by the Club, and the sides/desserts from attendees were delicious.



The calendar details...

Golf Tournament (Aug 27)

The game will be "Best Ball", where you are part of a team of four, and you hit your next shots from the best positioned ball in your group. It is a great format for social golf and those who only play occasionally, because if you don't hit a great shot, you simply pick up your ball and play from your team's best position. We will be playing 9 holes. The course has a nice open-air area attached to the lakeside restaurant where we'll gather after the game for results, a beverage, and perhaps a burger. It is a casual event and guaranteed good time. Please RSVP Peter Munn at **204 237-1805**.

Cricket Match (Sept. 4)

The Manitoba Cricket Association is holding this event at the Assiniboine Park cricket ovals (south and centre pitches) off Corydon Avenue in front of the Park Pavilion. This will be an informal social get together for us and we suggest you arrive around noon. Bring a lawn chair or rug, a picnic lunch or snacks, and a cold drink or two (pop, juice, or water), and come and go as you wish. Get to know the game of cricket and the great people who play it in our city. Damian Mills passed away too soon in 2003. He was an amazing young man and an excellent cricketer. Damian's father, Dr. Barry Mills, is a long-time member of the DUCW, and we sponsored a new bronze plaque which was affixed to Damian's memorial bench in front of the MCA cricket clubrooms at Assiniboine Park.

Brunch (Sept. 11)

Enter via the double doors on the southside of the fountain plaza, corner Hargrave Street and Graham Mall, take the escalator by Mottola's grocery, and you're there. We have made a reservation, so come along and treat yourself to breakfast, brunch or lunch from their menu. It is a large open shared space with several other eating options, but for us they have set aside two of the extra long bench tables, with comfy stool seating. (Link to menu). RSVP at least a week prior so we can tell Miss Browns the numbers to expect.

Not-so-formal Dinner (Oct. 22)

Again, we will be in the Board of Governors Room. The menu chosen is the same as last year; New Zealand 7-point Rack of Lamb per person \$43.00; for each of the other five options per person is \$37.00 – 10 oz New York striploin; Chicken "Manitoba" breast of chicken filled with wild rice, mushrooms and 3 cheese blend; Rib-eye steak and garlic prawns (7 oz rib-eye with 4 jumbo prawns sauteed in garlic butter); Pork medallions; and Filet of salmon. Included is a salad of Manitoba field greens with a creamy cucumber and dill dressing, fresh rolls, oven roasted lemon potatoes, chef's vegetables, and coffee or tea. Dessert is available as an extra. There is no need to pre-order and the prices quoted are subject to PST, GST and 15% gratuity. BUT we do need to know the numbers attending by October 15.

online



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editorially yours

Charlie Powell



As I put this issue together, Folklorama is about to begin its 2-week run here in Winnipeg. Being the first time back, after COVID*, there are only 12 pavilions each week – about half of the usual number. Perhaps a post-COVID strategy on the part of the Folk Arts Council, or just a reality of the times – like our DUCW, members are few and sadly volunteers can no longer muster the oomph to plan and execute such a major undertaking. At least we have fond memories of our glory days. So we try to keep something of our history and culture alive as best we can – not least by this our *Yarn*.

Read on and you will learn of a saint and a sinner, sand and scrabble, as well as more about Vegemite and cricket. Birds I view, this month, focuses on another migratory winged creature – except that it is not a bird! There has been a scarcity of backyard birds around Winnipeg this summer, so I wasn't getting much inspiration. Thankfully, we do have a couple of house wren families nesting in our yard – entertaining with their constant singing and insect control. Seeing one taking a moth to feed its egg-minding mate reminded me of a nature show about bogong moths (likely, Australia Remastered season 3 episode 1 with Aaron Pederson) and their importance to predators who rely on their showing up, on cue, in the Australian Alps each summer – just like Winniepgers eagerly anticipate the arrival of monarch butterflies after their migration from Mexico each summer. It's a marvel of nature how such creatures know to head to somewhere they have never been to before, let alone HOW to get there!

Thanks to Brian, Peter, Jenny, Judy, Chris, Ed, Malcolm, Ken, and especially our advertisers.

*Of course there is no such thing as "after COVID" – it is obviously sticking around.

president's ramblings

Peter Munn



So what to do next after retirement? Some of us are at the point in our lives where the "troublesome nuisance" of a paid full-time job doesn't darken our days at all. In reality, many people find themselves busier than they ever were, attending to jobs around the house, clearing out the "Honeydew" jar, volunteering in all manner of endeavours, or playing golf/pickleball/tennis far more often than five times per year. Some carry on working in a part time capacity, still enjoying the company of others during the day. Many go adventuring, though that has been difficult over the past two years. And some go the Monty Python route: "And now for something completely different". That is what my friend Steve did.

Margaret and I first met Steve while travelling from Monkey Bay on the south end of Lake Malawi, 500 km to the north end of the lake. We were on a 1950's vintage (I say decrepit) steamer, economy class, meaning sleeping on bags of fish on the lower deck. Rough travel, but the experience was memorable. Five stops along the way, including a church built by

Livingstone to help convert the locals, while he waited for Stanley to turn up. Anyway, we travelled with Steve and others and parted ways in Nairobi, before we caught up again in London four months later. He lives in Sydney, and we catch up most times we are in Oz. Very happy go lucky, ran a moving business for years, and had two terms as Mayor of Hornsby. Last Christmas we corresponded, and he revealed to me what he was doing in his retirement. He would be close to the last person I would pick who wanted to write a romance novel, but he had, it was published last year, 400 plus pages about a young English woman's life, who eventually finds her way to Australia. His second book is being proof-read now, prior to its publication. Just a big surprise, but everyone has hidden talents. I bought a copy of the book from Amazon, Margaret and I have both read it, and it is a good read. The writing is well above rookie grade. This is not a free ad, but the book is titled "Don't cry for me, Aunt Tina", by Steve Wrixon Russell, published by Balboa Press.

Enjoy the Summer,
Peter

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40 years'
South Pacific
experience**

Travel restarting!

We look forward to helping you plan your dream vacation again!
The following destinations have re-opened: Australia, New Zealand,
Fiji & Tahiti as well as some Central American countries and others
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*Want to modify this package?
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Aboriginal compassion and help for the hapless Burke and Wills exploration party

After leaving Melbourne on 20 August 1860, the Burke and Wills expedition made slow going at first. After two months they set up a major camp at Menindee in New South Wales. In October 1860, keen to beat rival exploration groups, Burke continued on with a reduced party led by two Aboriginal men, Dick and Mountain, who took them to Toro-wotto halfway to Cooper's Creek.

Dick had his portrait painted by Ludwig Becker, artist and naturalist on the expedition. Becker regarded Aboriginal people as having great dignity, unlike Burke who often fired over their heads and treated Aboriginal people as nuisances. Wills was more interested in the Aboriginal people than Burke. On 16 December 1860, Wills wrote in his field book, 'A large tribe of blacks came pestering us to go to their camp and have a dance, which we declined ... fine-looking men, decidedly not of a warlike disposition.' When Burke and Wills reached the Gulf Country in February 1861 the wet season had set in and the camels were continually bogged, the Aboriginal people helped the explorers by pointing out a higher path. After the explorers had returned to the Dig Tree area, Burke reacted to the theft of an oilcloth by shooting his revolver 'over the thief's head'. Despite Burke's behaviour the Aboriginal people continued to be generous to the explorers. Their leader was so friendly that the idea of living with the group to learn more of their culture was very appealing to Wills.

When the other members of the gulf party were dead, John King survived because he was helped by the local Aboriginal people.

King had joined the British Army at age 14 as a boy soldier. While serving in India he was engaged to oversee the cameleers and 25 camels for the Burke and Wills expedition. King was a hard worker. The Aboriginal

Howitt
Samuel
Thomas
Gill State
Library of
New South
Wales.
[link]



people said King did women's work as they observed him unloading the camels, setting up the campfire and blazing trees. Along with Charley Gray, King was chosen by Burke and Wills for the push to the gulf. On the return journey through flooding rains, bogged camels, mosquitoes and rations halved and halved again, King was the only one strong enough to dig Gray's grave when he died. When Burke, Wills and King returned, half starved, to the Dig Tree and found their supply party had left nine hours earlier, their only hope of survival was with help from the local people. For two months they wandered around the Cooper getting weaker and weaker, living like the Aboriginal people and accepting their help. But the Aboriginal people were wary of 'trigger-happy Mr Burke' so gave them 'a parting gift of fish and left them to it'. Burke died first

with King beside him to the end. In his last letter Burke wrote, 'King has behaved nobly and I hope he will be properly cared for'. A grieving King buried Burke then went downstream to find Wills - also dead. King survived on nardoo until the Aboriginal people returned. Later he described how they showed him 'great compassion' when they realised he was alone.

Stories have been passed down how the local people fed and protected King until Howitt's search party arrived. King owed his life to these kind people. He returned to a hero's welcome in Melbourne but his health was shattered. He died 10 years later age 33.

[Robert O'Hara Burke, William John Wills, John King and Charles Gray became the first Europeans to cross Australia south to north when they reached the Gulf of Carpentaria in February 1861.]

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Watching the 49th Parallel Cup

When the Parallel Cup returns to Canada, it will feature one of the members of the DUCW – Steve Setka (above, on right).

The 49th Parallel Cup – the battle between traditional footy rivals Canada and the USA – will be broadcast by CBC from 2:00 to 4:00 pm CST on Saturday August 13. The two teams are Northwind and USA Revolution, and Steve will be playing on the Northwind team.

A member of the Winnipeg Bears, Steve said, “I am the only member of the team from Manitoba, and have a difficult time training as there aren’t many players in Winnipeg. I was selected based on my tryouts over the last two to three years. Of course, Covid delayed a few of them, and also cancelled the 2020 International Cup,



2:00 pm in Winnipeg.

Catch the game live on CBC at CBCsports.ca, the CBC Sports app, CBC Gem, and the CBC Sports Youtube channel. Be sure to tune in and watch Steve in action as he and Northwind play to win the 49th Parallel Cup for Canada. For more info [Link]

which was not re-scheduled. Since the late 1980s, this team has participated in international play in Australia and over the world, competing in fifteen International World Cups in that span.”

The Cup will be played at Colonel Samuel Smith Park in Toronto, with three games scheduled – an AFL Ontario women’s game, then Team Canada vs USA Development Squad, and the televised game – the 49th Parallel Cup – at

newsfromOz

various sources, see web links in online edition

The Vegemite Saga continues...

Ken M., a friend of Charlie Powell, reached out to us after seeing the April/May issue of *The Southern Yarn*. Thank you, Ken, for sharing the following info. Note to readers: We love hearing from our readers.

Is Vegemite Banned in Canada?

Not really, but it is hard to find. Parent company Bega Cheese announced Vegemite will soon be available to customers in the US, UK, and Canada amid an increased global demand. “We often hear from our Vege-mates who are looking to source Vegemite products overseas,” Vegemite Senior Marketing Manager Matt Gray told News Corp. “We have dialled up our Vegemite ‘Mitey Merchandise’ online store offering to make Vegemite more accessible to our Vege-mates located across the world.” Kraft spokeswoman Joanna Scott said: “The (US) Food and Drug Administration doesn’t allow the import of Vegemite simply because the recipe does have the addition of folic acid.” *

The following is gleaned from a *Daily Mail* article entitled “Vegemite goes global: Iconic Australian spread is set to be sold in the US and the UK.”

Vegemite contains 100 micrograms (µg) folate per serving. My vitamin B complex capsules from the USA contain 400 µg of methylhydrofolate per serving. The People’s Chemist’s Shane Ellison MS said that folate is good for us and folic acid is bad, but I don’t know if he is right. **



My current next-door neighbour was maintenance supervisor of XXXX brewery in Brisbane. He said XXXX sold spent yeast to Kraft in Northgate. From there it goes to the Vegemite factory.

The carbon dioxide collected from beer fermentation at XXXX is sold to a gas company which sells CO₂. The money XXXX gets from the sale of both yeast and CO₂ paid for the brewery’s expenses. The money received for the sale of beer was pure profit.

There are so many microbreweries in Australia, the volume of beer sold by Castlemaine Perkins has dropped dramatically.

– Ken.

* Interesting that the amount of folic acid (Vitamin B9) in a ~235 g jar of Vegemite vs Marmite is 2000 µg vs 1250 µg – 2 mg vs 1.25 mg – and Marmite is freely available, so is there a cut-off level? (JG)

** According to WebMD online, “When taken by mouth: It is likely safe for most people to take folic acid in doses of no more than 1 mg daily. Doses higher than 1 mg daily may be unsafe.” Since most people load up with less than 100 µg per serving, still not seeing the problem. (JG)

[JENNY GATES: Stay tuned, folks. We’re not done with our investigations yet.]

Tassie Scallop Pie

[Source: Our Australia, Thomas Reiner] It’s the envy of the world for its clean water and fresh produce. But did you know that Tasmania is also lauded for its seafood that comes from the Tasman Sea?

Australians lay claim to the Lamington, so named in honour of Queensland Governor

Baron Lamington. They also duke it out with New Zealand over who invented the Pavlova. Meanwhile, Taswegians quietly concocted the delectable scallop pie. This savoury treat is in most bakeries throughout Tasmania.

The local tradition of adding premium Tasmanian Sea Scallops to pies has its origins on the Hobart wharves of the early 19th century. It’s a taste sensation that continues to be a unique delicacy you can only find in Tasmania.



Monash University’s Mike Phillips with student teachers John Wall and Emma Hart. (Monash University: Tim Herbert)

Monash University provides lessons

[SOURCE: ABC Radio Melbourne, Maddi Chwasta, 31 Jul 2022] More than 120 Monash University student teachers have joined an international initiative to educate Ukrainian children affected by war. The program was initiated by Smart Osvita and provides online classes to thousands of children. The university is encouraging Australian educators to register interest if they want to be involved. [Link]



The Birdman of the Coorong...

... is thought to be South Australia's only genuine bushranger that roamed the Coorong* on an ostrich!

John Francis Peggotty was born in county Limerick in 1864. He was born a tiny baby and grew to be a very small adult with childlike features which he used to the disadvantage of his victims. John travelled to South Africa in his late teens where he learnt to manage and ride ostriches. With the stature of a seven-year-old child, riding atop an ostrich was of no effort to him or the bird. On his return to England Peggotty became a thief with a difference. Being so small he scampered down chimneys of the wealthy and stole jewellery – gold jewellery being his fancy. Eventually this trade caught up with him and after a relatively short prison sentence he decided to travel to Australia to live with his farming uncle in NSW. However, he was not inclined to work on the farm and was caught adorning himself with the wife's jewellery on more than one occasion. From NSW he travelled to Adelaide to join a friend, but soon slipped into the old trade of thieving with a gang of likely lads, most of whom were caught by the police, so Peggotty laid low for a few years. He eventually turned up again in the Coorong.

He was labelled the most eccentric bushranger in the history of Australia as he was often seen stripped to the waist and wearing stolen gold jewellery whilst brandishing two ornamental pistols and riding an ostrich.

Peggotty was credited with more than a dozen hold-ups and murder of several travellers in the area before his career ended in September 1899. A fisherman by the name of Henry Carmichael was less than impressed by being held-up by the diminutive, jewellery-laden ostrich rider and gave chase on his horse. He was a crack shot and had a long-range rifle which wounded the rider and killed the ostrich.

By the time Carmichael reached the ostrich corpse, the wounded Peggotty had scampered off leaving a thick trail of blood. Peggotty's body was never found, his bones still lie in the Coorong along with at least 1 million dollars' worth of gold and jewellery.

**It is noted that there were wild ostriches in the Coorong area. Several farms in the Lakes region had bred them to harvest their feathers. Up until the late 1960s, early 1970s (maybe even later) they were still found feral on the Narrung Peninsula and Coorong.*

newszealand

various sources, see web links in online edition



He's actually a man of few words

[Source: Wikipedia] Nigel Richards (born 1967) is a New Zealand–Malaysian Scrabble player who is widely regarded as the greatest tournament-Scrabble player of all time. Born and raised in New Zealand, Richards became World Champion in 2007, and repeated the feat in 2011, 2013, 2018, and 2019, and remains the only person to have won the title more than once. He also won the third World English-Language Scrabble Players' Association Championship (WESPAC) in 2019.

Richards is also a five-time U.S. national champion (four times consecutively from 2010 to 2013), an eight-time UK Open champion, an 11-time champion of the Singapore Open Scrabble Championship, and a 15-time winner of the King's Cup in Bangkok, the world's biggest Scrabble competition.

In 2015, despite not speaking French, Richards won the French World Scrabble Championships, after reportedly spending nine weeks studying the French dictionary. He won it again in 2018, and multiple duplicate titles from 2016. Renowned for his eidetic and mathematical abilities, Richards has been described as a reclusive personality and has been rarely interviewed. (You can also listen on Apple Podcasts).

The Mounted Rifleman...

[SOURCE: The University of Wellington, The KIA ORA COO-EE : The Magazine for the ANZACS in the Middle East, 1918] New Zealanders in these regions are popularly referred to, in their Homeland, as "The Mounteds"; and



as being indicative of their peculiarities in method of warfare, the term has its value.

In origin, the Mounted Riflemen date back to the 'sixties, when Major Sir Harry Atkinson formed the settler-riflemen into a mounted force of a nature demanded by the topographical and tactical conditions of the fiercely-contested Māori wars. A dashing and resourceful enemy, operating over scrub-covered plains and densely-wooded ranges, and with a highly developed skill in fortification, called for a force of great mobility, strictly disciplined, and with all its members able to fight on foot with the highest possible degree of individual effort to the common end. Such a force were the Forest Rangers, the prototypes of the Mounted Riflemen of the present day. The brilliantly successful part played by the new arm, in conjunction with the regular forces, determined the character of their country's mounted troops from that time onward. The South African War gave further proof of their value as individuals, and their methods as a unit. The full story of their achievements in the present war is still in the making.

We are now concerned with the individual. In certain parts of Egypt and Palestine you will find men in uniform of a distinctive type, the extent of uniform varying with the surroundings, the man within changing but little. Comparisons are odious, but the points of resemblance between the New Zealand Mounted Rifleman and his friend, the Light Horseman, are sufficiently close to make differentiation difficult by any other than a partly comparative method. That they are distinctive types, both will agree, while laying claim with equal vigour to the virtues of the Colonial, held in common. Resemblance and difference in appearance can be seen most clearly on a full dress parade, or in Cairo. His island climate and colonial life made the New Zealander a bigger edition of the Home stock, with an added resource and self-reliance that are inbred in the present generation? Quiet and self-contained, and a little self-conscious, he is quick to resent any apparent injustice to himself or to others. Care for his mate precedes care for himself; care for his horse and abiding respect for, and instant obedience to, proven leaders, an ever-ready, intelligent initiative, cool, determined valour, and the practice of sound team play go to the make up of no mean soldier.

In the Field, the Mounted Rifleman's garb is usually scanty. When changing camp he presents, with his horse, the appearance of an animated Christmas tree; and the assortment of "bivvy" poles sticking out at various angles gives the Regiment the

appearance of very irregular lancers. On patrols, he is characterised by a fine capacity for business and a passion for innumerable “boil-ups” for the ever welcome mug of tea that helps so much to relieve the tedium of dull, weary hours. Good though his work is in the minor, but most frequent phases, it is in a big action that he shows at his best. His coolness, dash, and grim determination to get to business make him as formidable an opponent as the Turk has ever surrendered to.

The “buckshee” acquired in the day’s work ensures a trip to Hospital, and thereafter takes him to that envied Elysium, “Aotea” Home, where, for a few glorious weeks, he lives a cushioned, six-mealed existence, with an untrammelled freedom, valued far too highly to be abused; returning thence “to the Army,” prepared to carry on the job to its dimly-seen, but vividly-pictured, conclusion.

Moascar. “Ake-Ake.”

viewthese

entertainment from back home

Now on Netflix ...

God’s Favorite Idiot, a quirky and funny American apocalyptic workplace comedy – Starring Melissa McCarthy, Ben Falcone, New Zealand-based actress and filmmaker Ana Scotney, and Australian comedy actress Magda Szubanski.

The Adam Project, a witty, exciting, feel-good time-travelling flick – After accidentally crash-landing in 2022, time-travelling fighter pilot Adam Reed teams up with his 12-year-old self on a mission to save the future.

Netflix has a lot of other shows from Australia and New Zealand, so check them out.

Now on CBC Gem ...

Love Me, a polished Australian series of love and loss – When a woman unexpectedly passes away on the night of her 40th wedding anniversary celebration, her husband, daughter and son find themselves at an emotional crossroads. Starring Hugo Weaving, Bojana Novakovic and William Lodder.

Grand Designs New Zealand and **Grand Designs Australia** – both shows follow ambitious homeowners through the drama of building their dream home from start to finish. Brilliant viewing for the scenery alone.

What are you watching online or what podcasts and radio programs are you listening to? Feel free to send your recommendations to info@downunderclub.mb.ca.

Getting to Know

history, and members of our club



Mary MacKillop (1842 – 1909)

Mary MacKillop was an educator, a pioneer and a leader, someone who had compassion for others regardless of their situation or race.

Galvanised by her belief in the value of education as the foundation for a fulfilling life, Mary’s motto was ‘never see a need without doing something about it’.

This led her to minister in many different ways to those who were poor and pushed to the margins.

Did you know some of these details about Mary’s life, which reinforce her strength of character?

1. Her parents were Scottish immigrants who settled in Melbourne and Mary was born there on 15 January 1842. Money worries were part of Mary’s life and the ‘boom and bust’ gold days saw the MacKillops suffer continual financial instability.

2. From her teens to mid-twenties Mary supported the family, working in a stationery business and then as a school teacher and governess, before taking the first of many courageous steps in her life at the age of 24.

3. Mary wanted to serve the poor, particularly educating the children who lived in the bush. She opened a school in a stable on 19 March 1866, wearing a simple black dress as a sign of a radical life change. The first school set the pattern for many to come – it was for the children of the working class,

providing a basic yet thorough education, aiming to make children independent, employable and well-grounded.

4. Other young women joined Mary MacKillop and worked to establish places of refuge and rehabilitation for people in need, as well as the schools. Mary developed a Rule for the Sisters of St Joseph, as they became known, dedicated to meeting the material and spiritual needs of struggling people.

5. Mary MacKillop had a radical vision of the way the Order of the Sisters should be structured – she didn’t want the Order to be subject to direction by the Bishops of particular dioceses, and every Sister was to help with the work, regardless of background.

6. In response to her stand on the structure of the Order of the Sisters of Saint Joseph, Mary came into direct conflict with the Bishop of Adelaide. She was excommunicated on 22 September 1871, which was technically removed on 23 February 1872, although conflict around the principle of the matter continued.

7. Mary decided to take her cause to the Pope in Rome – the highest authority in the Catholic Church. Aged just 31 and as a professed Sister of St Joseph, Mary went to Rome dressed as a widow, and gained an audience with Pope Pius IX and a hearing from the Vatican authorities, receiving approval of her Rule within a year.



8. Returning to Australia, Mary went to Queensland, establishing schools and communities but her troubles were not over. She was deposed as Superior General in 1885 on technical grounds, but was later re-elected by the Sisters.

9. Mary’s attitude was always forgiveness and respect. Her many letters are evidence of her vision, courage and leadership.

10. After suffering a stroke, Mary lived at North Sydney in Alma Cottage, her health deteriorating but her keen mind alert to the end. Mary died peacefully on 8 August 1909.

You can read a range of quality, factual information about Mary MacKillop. [SOURCE: marymackilloptoday.org]



Commonwealth Games an opportunity to promote inclusion and advance human rights through sport

[SOURCE: thecommonwealth.org, 2022] As the 2022 Commonwealth Games opened in Birmingham and the Commonwealth Decade of Sport commenced, the Commonwealth Secretariat was working to leverage the vital role that access to sport can play in promoting peace, better health, equal rights and sustainable development across the Commonwealth's 56 member countries.

Enables core principles

Speaking at the Commonwealth Games, Dr Shavana Haythornthwaite, Head of the Human Rights Unit at the Commonwealth Secretariat said:

"Commonwealth member countries have acknowledged the important contribution that sports and physical activity can make to improving wellbeing and healthy lifestyles, socio-economic development, and helping to build just and peaceful societies. The inclusion of international human rights principles and standards in sports policies and frameworks acts as an enabler for core Commonwealth principles of good governance, respect for human rights and the rule of law. In this way, the Secretariat's Human Rights Unit will continue to assist member countries in attaining their international human rights obligations and the Sustainable Development Goals."

The Secretariat's Human Rights Unit supports Commonwealth member states through the provision of technical assistance, integrating a rights-based approach to sports and human rights through sports policy, frameworks, and mega sports events.

Challenging stereotypes and strengthening inclusion

Emphasising human rights objectives in the life cycle of major sporting events such as the Commonwealth Games spurs a lasting positive legacy from bidding, planning and

procurement to competition delivery.

The Commonwealth Consensus Statement on Promoting Human Rights in and through Sport, adopted in 2020, saw Commonwealth Heads of Governments recognise the "fundamental right to (practice) physical education, physical activity and sport without discrimination". By facilitating the participation of marginalised groups in sport, Commonwealth states can challenge stereotypes and ensure sport is an avenue in which they fulfil their obligation of respecting the right to non-discrimination.

Participation by marginalised groups in sport can also have wider implications in strengthening their inclusion in other parts of society and their enjoyment of wider civil, political, as well as economic, social, and cultural rights.

The strength of the Commonwealth is its unwavering commitment to the fundamental values and principles outlined in the Commonwealth Charter and in supporting our members in practical ways to uphold and champion these principles. During yesterday's 10th Commonwealth Sports Minister meeting, Commonwealth Ministers welcomed the introduction of the 10 Guiding Actions for the Implementation of the Commonwealth Consensus Statement on Promoting Human Rights in and through Sport, which highlights practical actions member states can take over the next decade until Australia hosts the Olympic Games in 2032.

A global sporting event such as the Commonwealth Games is an opportunity to inspire future generations to be more active and inclusive and to create positive legacies that can promote the shared values and principles of the Commonwealth.

cricket yarn

pulling your leg-before-wicket



Richard Hadlee was off his long run and bowling genuinely fast at Indian Anshuman Gaekwad, who in trying to avoid a lifter hit his stumps with his bat. To the unanimous appeal – and to everyone's amazement – the stand-in umpire, a Madras local, called 'not out'. In explanation he said the wind was responsible for the leg bail falling.

At the end of the over, Hadlee furiously snatched his hat from the umpire, who immediately went to Glenn Turner, New Zealand's captain, to complain. 'When he starts hitting you over the head with it, that's when you better start worrying,' said Turner. Soon afterwards Hadlee bowled Gaekwad, his off stump breaking in two. 'Bloody strong wind,' said one Kiwi fielder. [Source: "Favourite Cricket Yarns", Ken Piesse, 2014]

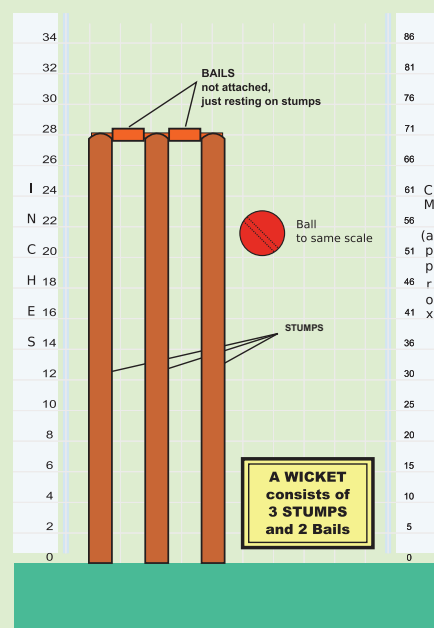
Cricket, further explained

Wicket:

[SOURCE: Learn-cricket.com] At each end of the pitch, three upright wooden poles called stumps, are hammered into the ground. Two wooden cross-pieces, known as bails, sit in grooves atop the stumps, linking each to its neighbour. The set of three stumps and two bails are collectively known as a wicket. One end of the pitch is designated the batting end where the batsman stands, and the other the bowling end, where the bowler runs in to bowl.

"Wicket" could also mean:

1. Wicket (n): The 3 stumps & 2 bails
e.g. Has the batsman hit the wickets?
2. Wicket (n): The pitch
e.g. Does the wicket have any grass?
3. Wickets (n): Batsmen who are out/not out, e.g. How many wickets have fallen? / How many wickets are left?
4. To take wickets (n): To get batsmen out.
e.g. How many wickets has the bowler taken?



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Bogong moths

[SOURCE: Wikipedia] The bogong moth (*Agrotis infusa*) is a temperate species of night-flying moth, notable for its biannual long-distance seasonal migrations towards and from the Australian Alps, similar to the diurnal monarch butterfly. During the autumn and winter it is found in southern Queensland, western New South Wales, western Victoria, and also in South and Western Australia. Adult bogong moths breed and larvae hatch during this period, consuming winter pasture plants during their growth. During the spring, the moths migrate south or east and reside in mountains such as Mount Bogong, where they gregariously aestivate over the summer until their return towards breeding grounds again in the autumn. They have been found in Tasmania and New Zealand due to strong winds while migrating.

The moth's name, bogong, is derived from an Australian Aboriginal language; the Dhudhuroa word *bugung* describes the brown colouration of the moth. It is an icon of Australian wildlife due to its historical role as an important food source and because Aboriginal peoples would come to where the moths spend the summer to feast on them and hold intertribal gatherings. In recent years, it has invaded major cities like Canberra, Melbourne, and Sydney due to strong winds during its spring migration.

Starting around 1980 and accelerating rapidly after 2016, the bogong moth population has sharply declined as a result of increasingly severe droughts, along with increased temperatures in caves used by the moths for aestivation, both primarily resulting from anthropogenic climate change. In December 2021 it was added to the IUCN Red List as an Endangered Species.

The bogong moth suffers from predation during both its migration and aestivation. During the spring and autumn migrations, several species of birds, mammals, and even fish have been recorded preying on the moth. Little raven, currawong and Richard's pipit congregations form to feast on bogong moths as they travel from aestivation sites during migration. Aboriginal people also travelled to aestivation sites to feast on the dormant moths, and may have searched for these bird congregations to locate these sites. Bats also attack the moths during active flight periods during the dusk, and



By Donald Hobern from Canberra, Australia - *Agrotis infusa*, CC BY 2.0, [Link]

foxes, bush rats, and dusky antechinus have been recorded eating moths. Of the mammals that prey on the bogong moth, the endangered mountain pygmy-possum is the most reliant on them as a source of food.

Speaking of moths ...

A recent post by UQ Gatton past Students Association reported that Sister Gloria Collins is celebrating her 101st birthday! She was matron-in-residence from 1957 to 1982. This immediately took my memory back to '68 when I was a first year Foodie at Gatton College (Queensland Agricultural College - now UQ Gatton). Anyway, I was awoken one night by a violent pounding in my head! I put up with it until the hospital opened. I told Sister Collins it was like an elephant stomping around up there. She took a look with her otoscope and then did an ear irrigation, which flushed out the cause - a little moth, smaller than a housefly! The ear is an amazing organ - and amplifier.

Reader feedback:

Malcolm sent in this pair of love birds



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