

The Southern Yarn

NEWSLETTER OF THE DOWN UNDER CLUB OF WINNIPEG INC.

April 2018

downundercalendar

APRIL

Rabbit-Proof Fence screening Sunday April 8th, 2:00

Millennium Library

At a time when it was Australian government policy to train aboriginal children as domestic workers and integrate them into white society, young Molly Craig decides to lead her little sister and cousin in a daring escape from their internment camp. Part of what would become known as Australia's "Stolen Generation," 94 min. Rated PG. NB: An event will also be on at the Bell MTS Centre, so consider taking a bus, or arriving in plenty of time to scout a good parking spot.



ANZAC Day Saturday 28th April 2018, 5 pm

Scandinavian Cultural Centre 764 Erin St, Winnipeg.

Make a date to commemorate ANZAC Day with a memorial service, singing of our national anthems, followed by a delicious POTLUCK dinner. This is always a memorable event, so come and be a part of it, and the fun to follow. We may even have a game of darts! And don't forget – the Bar will be open.

HELP!



Some time ago, one of our new members told me he plays the trumpet. I suggested he might be handy at our ANZAC Day service, but I can't remember his name. If you know who this person is — or if you are the trumpet player — please call me at 204-832-4405.

— Gordon Keatch

If you'd like to suggest a new social event, we're happy to help you plan it for the Club!



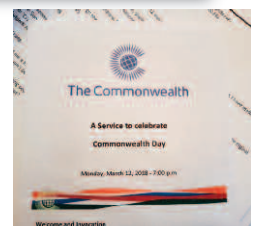
St Pat's at the High Tea Bakery

What a fun event! It just goes to show how an idea for a Club get-together can become a reality with minimal organizing involved. Contacts were made, it was advertised, 17 folk showed up and filled the sunny upstairs area. Carol and Mike Bigold, owners and our gracious hosts, were well prepared for us – signs had been made, lamingtons with Australian and New Zealand flags were ready in the display counter along with many other regular offerings; and Carol treated us to homemade ANZAC biscuits! Member and Manager, Ben Hechter, kindly extended an invitation to the two younger members, Sam and Tiernan, to enjoy some creative cookie decorating in the studio! The atmosphere, the conversation and the food and drink all made for a very enjoyable few hours. Thank You, High Tea Bakery!



Commonwealth Day celebration

Jenny, Judy and Margaret were among other DUCW members and Royal Commonwealth Society folk at the Cathedral Church of St John, 12th March, to mark the 150th anniversary of the Commonwealth and enjoy refreshments.



Reminder

You may have recently received an invoice for membership dues. If you are one of the few who have not yet responded, Terry Roberts is eagerly waiting to hear from you. Thank You.



online



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editorially yours

Charlie Powell



While there is much that divides people and nations around the world, there are still many events that bring us together. A



good example is The Commonwealth Games, this year being hosted by Queensland's Gold Coast, 4th to 15th April.

They are the 21st such competition, dating back to the first in 1930 (in Hamilton, Ontario) – they were not held in '42 and '46. Originally, they were known as the British Empire Games (1930–1950, then the British Empire and Commonwealth Games (1954–1966) and then the British Commonwealth Games (1970–1974). And here is a bit of tricky math – although there are 53 members of the Commonwealth of Nations, 71 teams participate in the Commonwealth Games, due to a number of dependent territories competing under their own flags. Also, England, Scotland, Wales, and Northern Ireland send separate teams. This is the 5th occasion for Australia as host (the most by any member). Auckland did it in 1950 and 1990 and Canada has hosted 4. These 2018 games are significant as they mark the first time in history that a major multi-sport event will have equality in terms of events for male and female athletes. (source Wikipedia)



3 pence British stamp with theme of 1958 British Empire and Commonwealth Games, Cardiff, Wales

Catherine Bowering kindly penned our "Getting to know" article for this edition – the first of two instalments about the WW2 heroine Nancy Wake, p.4. And this month's "Birds I view" is of the scrub turkey, p.6.

This month it is with thanks to Peter, Murray, Brian, Judy, Jenny, Catherine, Malcolm, Warren and our advertisers.

president's ramblings

Peter Munn



It has been cold lately, a real bite from old man winter, as we patiently wait for warm weather and barbeque season. I even packed long johns last week on the expectation I may have to be outside for an extended period. The outside experience never happened, but it reminded me of the first time I wore long johns. As many of you know, Margaret and I met in Johannesburg, and with her parents coming over for a visit, we decided to have the nuptials during that time. It was a great

time, best wedding I have ever been at, and Margaret's brother and my mother also came over for the event. But when we came to Canada some years later, her parents wanted to share some wedding event with their friends, so a belated wedding reception/party was held for us. Margaret's family was filled with jokesters, and during the party, I was presented with a pair of scratchy long johns, complete with rear trap door. Welcome to Canada! Everyone had a great chuckle, thinking they had the last laugh on the lad from Melbourne. But there was one more to come, as I found a washroom to change in, donned the long johns, and came out on the dance floor to waltz with nothing on except the LJ's. A good time was had by all.



Janet Woodford, 3rd Place Winner–

Cabbage Roll Soup

According to the recipe's creator, "This soup is total hearty comfort food, packed with veggies, rice and beef. Kid approved, so definitely a family friendly dinner. Nothing like a bowl of perfectly warm, good homestyle soup on a cold day." Yield: About 8 servings

Read the entire recipe, ingredients and method on page 7 of the electronic version of this newsletter (April edition), available online at www.downunderclub.mb.ca/yarn and at <https://www.cookingclassy.com/cabbage-roll-soup>

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A shakeup for Vegemite

[Australian Food News, Andrea Hogan] After a 74 year partnership, JWT is out and Thinkerbell is in as creative agency for the Vegemite brand. The partnership between Vegemite and JWT is believed to be one of the longest standing between a creative agency and a FMCG brand in the world. After acquiring Vegemite from Mondelez International in January 2017, Bega says it hopes changing Vegemite's agency will help shake things up for the brand. [Read more online.]



Nothing to do with Yarn editor...

[Australian Food News, Andrea Hogan] Qantas passengers will now get a taste of some of Australia's native food ingredients thanks to new additions to Qantas' in-flight menu.

Australian food company, **Charlie's Cookies**, is now producing shortbread using native Australian finger lime for Qantas domestic flights. [Read more online.]



Tim Tams inspired by penguins

The Tim Tam produced by Arnott's in Australia was based on the Penguin. Penguins are milk chocolate covered biscuit bars filled with chocolate cream. They are produced by Pladis' manufacturing division McVitie's at their Manchester factory. [Read more online.] [Photo credit].

newszealand

source: NZ Herald, unless otherwise noted



Pests be gone ...

[Northland Age, 29 March, 2018] Northland's native forests and wildlife are better off without the 229,372 animal pests trapped by Kiwi Coast groups and projects over the last five years, according to Kiwi Coast co-ordinator Ngaire Tyson. Last year 59,589 animal pests had been trapped by Kiwi Coast groups and projects, "each defending their patch of paradise from predators". That was more than 1000 pests every week that were no longer breeding, feeding and preying on native wildlife. [Read more online.]



Hillary's Antarctic experiences

Sir Edmund Hillary led the New Zealand component of the Commonwealth Trans-Antarctic Expedition (TAE) in 1955-58, under the overall command of the British explorer Dr Vivian Fuchs. The Commonwealth-sponsored expedition successfully completed the first overland crossing of Antarctica, via the South Pole, on 2 March 1958. The New Zealanders supported the expedition by setting up Scott Base, and laying food and fuel depots for the British crossing party. [Read more online.]



How NZ farmer who survived brutal attack found new love ...

Janet White is pictured with a boat on the island in New Zealand, in 1954, when she was 24. She arrived in New Zealand after six weeks on a crowded emigrant ship.

Janet White, who was nearly murdered by spurned suitor, reveals how she found new love. You can read her story in installments in the NZ Herald. [The first is online]:

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history, and members of our club

Having recently read Peter Fitzsimons's biography I was captivated by the life and personality of Nancy Wake. - Catherine Bowering

Nancy Wake

Australia's and New Zealand's greatest war heroine

Born in Roseneath, suburban Wellington, NZ on 30 August 1912 Nancy was the sixth and youngest child of Charles and Ella Wake: he a journalist and she the granddaughter of the first Maori woman to marry a white man. The *tapuhi* (midwife) predicted that Nancy would always be lucky and be protected by the gods because she was born with a *kahu* (caul). The family moved to North Sydney when Nancy was 20 months old and she continued to delight in affection and fun with her father, apparently his favourite. It was a huge shock to Nancy, aged five, when Charles abandoned the family and sold their house leaving them impoverished.

Eight years younger than her next sibling Nancy did not grow up in the playful company of her siblings; they were either in school or working. She developed friendships with a group of neighbourhood children. They cited her loyalty, caring and adventurousness in what certainly was a precursor to her future. She loved reading, especially Anne of Green Gables, a book she cherished and kept close all her life. Perhaps she fancied herself one of Anne's "kindred spirits." Anne's adventures cemented Nancy's determination to travel and live in exciting places.

She finished school at sixteen not knowing which path to follow nor how to achieve it. Precipitated by a row with her strict, religiously overbearing mother Nancy ran away. Without funds she needed a job and found the opportunity to do nursing training in Mudjee (taking the alias Anne Shirley Kennedy to avoid discovery as a runaway) where she remained for two years. Returning to Sydney at 18 she found lodgings and a job. What wondrous news when she received a substantial gift from her aunt in NZ. Without hesitation she organized passage to Vancouver where she enjoyed a very social life, thence to Lake Louise (Can we surmise that she probably passed through Winnipeg?) and onward to New York for more wonderful "coming of age" experiences. Before exhausting her funds she left for London, just knowing that things would work out and eventually she would reach her ultimate destination, Paris.



Nancy Wake

Having completed studies in journalism she successfully interviewed with Hearst newspapers who said that they'd understand if she didn't accept the position since it involved moving to Paris. Nancy hid her excitement well and trundled off to Paris

where she learned French in a true immersion experience. She loved the lifestyle, the people, the food, the wine, the parties and the work which took her to other parts of Europe. In Vienna she saw firsthand the looming atrocities as she witnessed Nazis torturing Jews in the streets. Horrified and outraged, she vowed that she would do anything she could "to damage the Nazis and everything they stood for." Nancy continued her reporting and her enjoyment of the exciting life of Paris and the French Riviera. There she met Henri Fiocca, a wealthy industrialist, whom she married just after war was declared.

As France was invaded, Henri was called to serve along the Maginot Line and Nancy drove a truck *cum* ambulance ferrying injured soldiers and refugees into "safe" France. The fall of France and installation of the puppet Vichy regime signalled their entrance into the resistance. Nancy became a courier transporting radio parts and documents as well as sourcing supplies for interned allied personnel. She began implementing escapes over the Pyrenees Mountains into Spain.

To be continued: The White Mouse

Australian Architect

If you are architecturally inspired, "*Glenn Murcutt - Spirit of Place*" will screen at Cinematheque on Wednesday April 17 at 9:00 pm. "This film explores the life and work of Australia's most celebrated architect. It sheds light on his exquisitely modern yet environmentally sensitive approach to design, and his relationship with a special community of clients and collaborators as his design for a unique mosque comes to fruition." And there are a whole host of other great films as part of this festival. For information about the event, visit <http://adff.ca/>. And to see the trailer, visit <https://vimeo.com/194280194>



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NZ tackles human trafficking

Business leaders and Government officials met in Auckland last month to identify how they can collaborate to fight modern-day slavery and human trafficking.

Minister of Immigration Iain Lees-Galloway and Icebreaker chairman Rob Fyfe hosted the closed-door meeting in Orakei which looked at the issue here and across the Asia-Pacific region. Lees-Galloway said the meeting was just the beginning of the conversation on the issue.

"It's clear that we have a problem with migrant exploitation in New Zealand, the enforcement agencies tell me that wherever they go looking for it, they find it," the minister said, adding there were several investigations on modern-day slavery cases underway.

The way forward was for Government, businesses, unions, churches and non-government organizations to work together.

He said businesses were enthusiastic in tackling the problem and demonstrated that New Zealand wants to be a leader.

Tougher legislation and more resourcing into enforcement agencies were also possible options, he said.



Norfolk Islanders fight Oz rule

A legal challenge with the United Nations alleges Australia has placed Norfolk Islanders' culture and language at risk. The international human rights lawyer Geoffrey Robertson has launched a legal challenge with the United Nations on behalf of Norfolk Islanders, alleging the Australian government has placed islander's culture and language at risk by revoking their right to self-govern.

The island – roughly halfway between Australia and New Zealand – had been governed by its legislative assembly since 1979, until the Australian government's decision

in 2015 to revoke its autonomy. Australian federal and state laws are now enforced and islanders are now entitled to Medicare and other government services. Travelling between the island and Australia no longer requires a passport.

The legal challenge lodged with the UN's office of the high commissioner for human rights includes a report from an Australian linguistics expert, Prof Peter Mühlhäusler, who found Norfolk Islanders have a distinct ethnicity, culture and language.

Sex assault cases at WA varsity

There are fears the number of sexual harassment allegations recorded at one of Western Australia's most prestigious universities could be inaccurate due to an ingrained fear of reporting incidents on campus.

A document from the university released on last month revealed there were 32 reports involving UWA students or staff between 2011 and 2016.

The university was named in the report for allegations that went back over five years ago. However, the release of the Red Zone report by advocacy group End Rape on Campus has solidified past findings from a snapshot anonymous survey by the Australian Human Rights Commission back in 2017, which indicated around 94 per cent of students who were sexually harassed and 87 per cent of students who were sexually assaulted didn't make a formal report or complaint to their university. –SOURCE: WA TODAY

Papua court orders state pay-out over human rights breach

The Papua New Guinea National Court has ordered the state to pay four people a total of \$US12,188 dollars for human rights breaches.

The offences, committed by police, happened nearly 10 years ago in Port Moresby. The Post Courier reports that the damages for Michael Wafi, Efete Max, Petrus Magabe, and Samuel Arawe after a trial that found the State as the employer of the police officers was liable for the breaches. The plaintiffs had claimed damages for property losses, breach of human rights, personal injuries, and exemplary damages.

They were among 11 traders who were assaulted by police who also destroyed or confiscated trading items such as betel nuts, mustard, cigarettes, playing cards, and other items at Gerehu market in 2009. The police, carrying guns and bush knives, had raided the market looking for people who had earlier started a fight there. – SOURCE: Radio NZ



Cyclone Gita smashes Tonga, worst in 60 years

Cyclone Gita has caused severe damage throughout Tonga, being labelled the worst storm to hit the country in 60 years. Photos from the Tongan capital Nuku'alofa showed Parliament house had been levelled, roofs had been torn off houses, trees knocked over and churches badly damaged. There were no immediate reports of deaths or serious injuries.

Meteorologist Michael Martens said the eye of the cyclone passed just to the south of Nuku'alofa and ... was about 150km south-west of the main island of Tongatapu.

Samoa battled flooding, landslides, power outages, West Coast storm 'like a fire hose' tore down coastline

"The official estimate was that Gita was a Category 4 cyclone at midnight, with the worst of the storm hitting Tongatapu between 11pm and 2am. Nasa said the estimated sustained winds from the storm reached 230 kmh, gusting to 278 kmh."

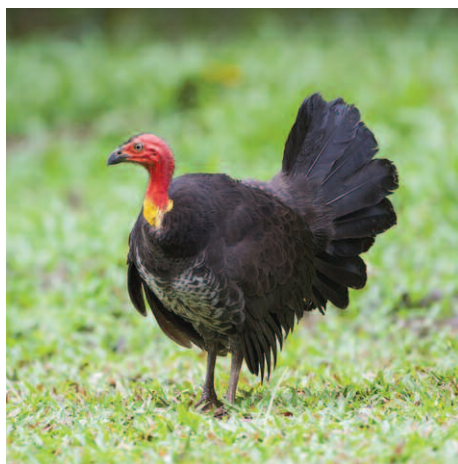
Commonwealth Day

Thanks to members of the DUCW who attended alongside Royal Commonwealth Society folk at the Cathedral Church of St John, 12th March, to mark the 150th anniversary of the Commonwealth.

Read more most issues from Commonwealth Corner on page seven of the electronic version of *The Southern Yarn*.

Murray Burt is a retired editor and journalist who is concerned that lesser elements of the Commonwealth get poor media coverage.

Burt is president of the Manitoba branch of the Royal Commonwealth Society; past president of the Commonwealth Journalists Association; secretary of the Queen's Own Cameron Highlanders of Canada advisory board; Hon LCol of the 78th Fraser Highlanders; a senator of the 166th Battery RCA (Kenora) and a director of The Intrepid Society. He is retired from more than 50 years of journalism.



Brush turkey, by JJ Harrison [Link.]



Female brush-turkey, Gold Coast hinterland, Qld. (photo, C. Powell)

birds*i*view...

by Charlie Powell

Talking turkey

Found from far north Queensland and down the east coast to south of Sydney, the Australian brush-turkey, also known as scrub turkey, is an amazing “nest” builder. The male builds a huge compost pile by using his feet to rake up forest floor litter. The mound can be 1.5 m high and 4 m across. Obviously he’s out to impress the local females who, after mating, lay their eggs in the nest. Thanks to dad’s hard work, the hens are free to wander off to feed on grubs, seeds and fruit. The male takes on the responsibility of maintaining the mound at a constant temperature between 33 – 35°C. This is pretty amazing when you think how hot compost can get if left unattended; and how unsuitable it would be if the material was too dry. After this natural incubation the chicks hatch fully fledged and have to dig their way out from as deep as 2 feet. They blink a bit at the sudden daylight, then scramble off to the bush for cover and are on their own. If you ever come across one of these mounds, look around and you might see a goanna sporting a beak-damaged tail.

In North America we also see turkeys in the wild, for example here in Winnipeg along the Red River. They are not mound-builders; nor are they closely related to the Australian brush-turkey. But they all gobble and strut and roost at night off the ground to avoid predators. Apparently, some native American tribes avoided eating turkeys in case they acquired the bird’s perceived cowardliness and lack of intelligence.

Reader Feedback:

Bird Photographer of the Year 2018 – in pictures – [See this online link.]

A friend sent the following email:
A couple from Boston moved to a town in South Texas where they found jobs. The neighbours did not know the new family. The husband and wife would leave for work every morning. The next door neighbours would hear a baby crying while the couple went to work. So, a few weeks later, the neighbours called the police to tell them the couple always leaves their baby at home and the poor baby cries all day. So, the police showed up and heard the baby crying and they knocked on the door but nobody answered so they broke down the door and guess what they saw?

Hope you can open the link and see what the cops found! [Link.]



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Cabbage Roll Soup –

Janet Woodford, 3rd Place Winner

According to the recipe's creator, "This soup is total hearty comfort food, packed with veggies, rice and beef. Kid approved, so definitely a family friendly dinner. Nothing like a bowl of perfectly warm, good homestyle soup on a cold day."

Yield: About 8 servings

Ingredients

1 Tbsp olive oil
 1 1/2 lbs lean ground beef
 Salt and freshly ground black pepper
 1 large yellow onion, chopped (1 3/4 cups)
 2 large carrots , chopped (1 1/4 cups)
 5 cups packed chopped cabbage (16 - 19 oz)
 3 cloves garlic , minced
 2 (14.5 oz) cans low-sodium beef broth
 3 (8 oz) cans tomato sauce
 2 (14.5 oz) cans petite diced tomatoes
 2 Tbsp packed light brown sugar
 1 Tbsp Worcestershire sauce
 1 1/2 tsp dried paprika
 1 tsp dried oregano or 1 Tbsp chopped fresh
 3/4 tsp dried thyme or 2 1/2 tsp chopped fresh
 2 bay leaves
 3/4 cup dry long-grain white rice
 1 Tbsp fresh lemon juice
 1/3 cup chopped fresh parsley

Heat 1 Tbsp olive oil in a large cast iron pot over medium-high heat. Add beef, season with salt and pepper and cook, stirring and breaking up beef occasionally, until browned. Transfer beef to a plate lined with paper towels while reserving 2 Tbsp of the rendered fat in pan (or drain off all fat and use 2 more tbsp olive oil), set beef aside. Add onion and carrots to pan and saute 1 minute, then add cabbage and saute 2 minutes, then add garlic and saute 1 minute longer. Pour in beef broth, tomato sauce, tomatoes, brown sugar, Worcestershire, paprika, oregano, thyme and bay leaves. Return beef to soup mixture. Season soup with salt and pepper to taste and bring to a light boil, then add rice, cover pot and reduce heat and simmer until rice is cooked through, stirring occasionally, about 25 minutes. Stir in up to 1 cup water or more beef broth to thin as desired (it will thicken as it rests and become almost like a stew), then stir in lemon juice and parsley. Serve warm.

<https://www.cookingclassy.com/cabbage-roll-soup>

