

# The Southern Yarn

October 2015

NEWSLETTER OF THE DOWN UNDER CLUB OF WINNIPEG INC.



## downundercalendar

### OCTOBER

#### Formal Dinner

**Saturday, October 24th 6 pm**  
**Scandinavian Cultural Centre,**  
**764 Erin St.**

This accessible venue proved popular last year. Bonne Cuisine by Michael will be providing the culinary artistry. Please INVITE YOUR FRIENDS to join us.

### NOVEMBER

#### AGM

**Friday, November 27th, 7 pm,**  
**Scandinavian Cultural Centre,**  
**764 Erin St.**

Details on the Annual General Meeting to follow.

### DECEMBER

#### Children's Christmas Party

**Saturday, December 5th**  
**Scandinavian Cultural Centre,**  
**764 Erin St.**

Details to follow..

### RSVP

If you let us know you are coming, we can be ready for you! RSVP to (204) 487-0067 or [social@downunderclub.mb.ca](mailto:social@downunderclub.mb.ca).

#### Advertise in The Southern Yarn.

Contact Jenny (228-9959, [info@downunderclub.mb.ca](mailto:info@downunderclub.mb.ca)) for all the rates. Send your submission by email to [info@downunderclub.mb.ca](mailto:info@downunderclub.mb.ca) or mail to PO Box 1655, Stn Main, Winnipeg MB R3C 2Z6.

#### NOW IS THE TIME to renew for 2016

Individual \$20 ... Couple/family \$30 ... Mail your cheques to the Club at the address on the back of this issue, pay in person at the next event, or take advantage of our new PayPal link on the website for faster and more secure payment. Any questions or comments, please contact Peter Debenham at [peter@pdlactg.ca](mailto:peter@pdlactg.ca) or 204-955-0393.



Culinary Artistry for All Occasions

Saturday, October 24, 2015

### Down Under Club Gathering

Scandinavian Cultural Centre, Winnipeg  
Contact: Liz Hydesmith, tel. 204-487-0067

Guest arrival at 6:00 PM | Dinner service at 6:30 PM

Based on minimum 30 guests  
Cost of the 2-Course dinner is \$30 per guest and \$37 per guest for the 3-course dinner.  
Both costs include fresh baked bread, coffee/tea service, taxes and gratuities.

### Dinner Menu

Mixed Field Greens with Shaved Jicama & Fresh Berries  
tossed with a sherry vinaigrette

**!OR!** Goat Cheese & Roasted Beet Salad  
over maple glazed mixed greens topped with pecans

Stuffed Breast of Chicken  
served with a sour cherry sauce

**!OR!** Smoked Leg of Lamb, medium to medium rare  
served with a minted red wine demi-glaze

**!OR!** Vegetarian Entrée, available on pre-order only:  
Organic Roasted Vegetables Purse  
with plum tomatoes & fresh basil wrapped in phyllo pastry

Seasonal Potatoes & Colorful Array of Fresh Vegetables

Bittersweet Chocolate Terrine  
with fruit coulis & Chantilly cream

Some images from last year's Formal Dinner.



## Annual dinner, membership

Will it be roast lamb, or stuffed chicken breast? Pull out your calendars and set aside Saturday, October 24th, 2015 for the DUCW formal dinner on your agenda.

Our popular annual event has migrated around the city to a variety of restaurants in past years, and last year we had it catered to our own group. It was delicious and relaxed, and this month promises another wonderful experience.

We encourage not only any of our members to join us, but we welcome you to extend the invitation to anyone you might know who would like to meet some new friends and share the evening or visiting together.

The first thing to do is give Liz a call at 204-487-0067 or send an email to [social@downunderclub.mb.ca](mailto:social@downunderclub.mb.ca) to confirm your attendance, and provide us an insight into your preferences. The vegetarian option needs to be booked in advance.

October is also an excellent time to renew your DUCW membership. You can renew and pay online, or pay in cash or cheque at the dinner. Some people prefer to pay a few years up front. It is up to you.

We look forward to sharing the meal with you and wish you the best of fresh autumn weather as we hear updates from friends and family here in Canada and in the arrival of summer in New Zealand and Australia.

online



find us on facebook or the web  
[www.downunderclub.mb.ca](http://www.downunderclub.mb.ca)  
email: [info@downunderclub.mb.ca](mailto:info@downunderclub.mb.ca)

## editorially yours

Charlie Powell



G'day -

A couple of years ago while searching online for news from NZ for the Yarn, I came across Happyzine magazine - "Founded in 2007 by Charlotte Squire, Happyzine's purpose is to inspire positive social and environmental change via solutions focused journalism". Check it out and/or subscribe if you're looking for good news stories from New Zealand. Anyway, with GK back out to pasture, I decided to give Happyzine some publicity in this month's Getting to know.

Something we don't often, if ever, acknowledge is our advertizers/sponsors. Regulars have been Kiwi Installations (Terry Roberts), Bill Pooley, Downunder Travel (Jason), MYPD Chartered Accountants (Peter Debenham). This month we also appreciate having an ad from the province (p. 3)

Thank you also to our other contributors this month: Jenny, Peter, Brian and Murray.

Enjoy!

## Take your best shot!

A reminder that the DUCW is holding a photo contest and invites all members to take their best shot. We will be choosing the best six (6) images to use for our Club cards. Up till now, we've been using photo-cards from past-member Shannon Mann, with the Club logo and the name of the photographer on the back. However, those photo-cards are almost all gone and the executive decided to give members the opportunity to submit their own photos.

We are looking for images that relate in some way to the following themes:

**Australian scene** - something typically recognisable as Australian.

**New Zealand scene** - something typically recognisable as New Zealand.

**Celebration** - suitable for any celebration including birthdays, weddings, announcements, etc.

**Bereavement** - e.g., flower(s), trees, sunset.

**General** - something light and fun that could be interpreted for any occasion.

**Miscellaneous** - this is an open category, so anything creative or unique will be the focus.

More details are on our website.

We have been treated to some really nice weather, 25C in late September is always welcome in Winnipeg. And for someone from Melbourne, late September brings the finals of the AFL, and for Rugby fans, the Rugby World Cup from the UK has begun, with great television coverage. But as an Aussie Rules fan, the highlight of next week's sports telecasting will be the direct coverage of the AFL final between the Hawks of Hawthorn, and the West Coast Eagles of Perth. Another late night coming up, as the game starts at 11.30pm. Hawthorn going for their third premiership in a row, and West Coast for their second in 10 years. The Grand Final

## president's ramblings

Peter Munn



has been contested since 1899, with Fitzroy beating Essendon, and then Fitzroy beat South Melbourne the next year at the Junction Oval. (I'll have to ask my mate Gordon if he was at the game selling The Football Record.)

And there is nothing quite like a finals game at the Melbourne Cricket Ground. Sitting down with 100,000 of your closest friends, sipping on a VB and eating a four 'n' twenty pie, while joining the massive roars that come with every clash of heads and bodies. No wussy padding for these blokes!

I hope you had a chance to catch the game, and that it lived up to the hype.

Regards, Peter



## Go Walkabout!

Add-on flights  
are available from  
all major cities.

**WINNIPEG to SYDNEY return \$2234**

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The Waratahs recruiting march, leaving Kiama, led by army personnel, on the way to Jamberoo. Australian War memorial.

## 100yearsago

history from downunder

### Recruiting Marches 1915-1916

In 1915 recruiting committees were formed in nearly every town throughout Australia. In the central west of New South Wales a movement began which became known as the 'Gilgandra snowball'. Under the leadership of W.T. ('Captain Bill') Hitchen, 20 or so men who had determined to enlist started off to march to Sydney. Gathering other recruits along the way, they numbered about 300 by the time they reached Sydney. This was known as the Coo-ee March.

Their example was soon followed by other marches from around New South Wales and Queensland: the Waratahs, Kangaroos, Wallabies, Dungarees, Men from Snowy River, Kurrajongs, Kookaburras, Central West Boomerangs and North Coast Boomerangs. They relied on the support of the communities they passed through, which was often enthusiastic.

The total number of men involved was only about 1,500 but the marches attracted wide publicity and may have encouraged

fund-raising and enlistment more generally.

Military authorities were not always supportive, as they doubted if the numbers of men recruited justified the effort and expense. There were also problems with discipline, and disputes over exactly when marchers became eligible to receive pay and equipment.

In 1918 further 'Freedom' marches were organised but were relatively unsuccessful. [Read more online]

### Sinking of the Marquette

At 9.15 a.m. on 23 October 1915, a German torpedo slammed into the transport ship Marquette as she entered the Gulf of Salonika in the Aegean Sea. The ship sank within ten minutes, leaving hundreds of survivors struggling in the water. By the time rescue craft arrived several hours later, 167 people had drowned, including 32 New Zealanders (ten women and 22 men).

Most of the New Zealand victims were nurses and medical orderlies of the 1st New Zealand Stationary Hospital. They were en route from Egypt to the northern Greek port of Salonika (Thessaloniki) as New Zealand's contribution to the Allied campaign in the Balkans.



Image of the hospital ship Marquette with list of members of the New Zealand Medical Corps, and New Zealand nurses lost in the sinking on 23 October 1915. [Link]

Chief Historian at the Ministry for Culture and Heritage, Neill Atkinson, says the incident caused great public outrage in New Zealand – it remains the deadliest day in the history of this country's military nursing. But the loss of life could have been prevented had the medical staff been transferred by hospital ship – hospital ships were painted white and were normally exempt from attack. [Read more at online]

## sportstoshare...

history and members of our club

Members of the Down Under Club of Winnipeg gathered on Friday night to share the viewing of the Aussie Rules championship.

The AFL Grand Final was contested between Hawthorn Football Club and the West Coast Eagles at the Melbourne Cricket Ground on 3 October. The match, attended by 98,633 spectators, was won by Hawthorn with a margin of 46 points, marking the club's third consecutive premiership and thirteenth VFL/AFL premiership victory overall.



Cyril Rioli, winner of the Norm Smith Medal.

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Kia ora!  
Hi I'm Charlotte Squire  
- chief Happyzine girl -  
and I'm just so excited  
to introduce you to the  
lovely Melanie Mayell -  
who dreams of estab-  
lishing a **National Grat-  
itude Day** in New  
Zealand.

When Melanie and I first 'met' on the phone, we immediately hit it off and chatted happily for over an hour about gratitude and positive thinking. Melanie was a Christchurch earthquake survivor and when she emerged from the dusty rubble of a big 2011 quake in the city, she felt deep sense of gratitude and wonder for her life. Soon after she printed 10,000 Thankyou cards and gave them out for free. She has given out over 25,000 to date and she says they lead to small, but profound moments of sweet connection between people. You can order your own set if you like - check out my article about her and you'll see how.

Melanie will be a guest on our upcoming spring online *Power of the Positive* course - 21 days of positive, Kiwi flavoured inspiration, tasks, and connection with other people who have a thirst for positive flavoured media.

The great thing is you can 'meet' her too on our course and perhaps even ask her a few questions when she visits us midway through our time together.

Love you to join us!

Charlotte Squire  
charlotte@happyzine.co.nz

**Power of the Positive** - the online course for kiwis wanting to learn (or remember) easy tools and habits to create happy, healthy, successful life experiences.

When: **Monday November 2nd to Sunday November 22nd 2015.** Where: on **Facebook** - in a closed group.

Lead by: Happyzine founder **Charlotte Squire**, with help from her band Mohua Sun. **Melanie Mayell** will be dropping by. Author **Serena Star Leonard** will share her story. And the Young New Zealander of the Year **Guy Ryan** will also be paying us a visit. The online course is free for Club Happyzine members or costs \$52.

<http://happyzine.co.nz/spring-online-course-power-of-the-positive/>

# Do Not Self Treat for Bed Bugs

.....  
There are many reasons why you should never try to solve your bed bug problem on your own. Three main reasons are:

## REASON #1.

### **Dangerous chemicals.**

The chemicals in sprays and powders may harm your health and are best used by professionals.

## REASON #2.

### **Self-treatment doesn't work.**

Store-bought or home-made products may not be effective against a bed bug problem.

## REASON #3.

### **Bed bugs multiply quickly.**

While you wait for self-treatment to work, your bed bug problem gets much bigger.



Call the Bed Bug Hotline at  
**1-855-362-2847**

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## Youth Games hosted by Samoa attract 900 teen-age athletes

Over five days, early last month more than 900 young people aged 14-18 competed in Samoa at the Commonwealth Youth Games for 107 gold medals in nine sports: aquatics, archery, athletics, boxing, lawn bowls, rugby sevens, squash, tennis and weightlifting.

It was a gathering that Commonwealth Secretary-General Kamalesh Sharma said demonstrated that sport can bring communities together and inspire positive social action.

In that regard, at the opening ceremony in Apia, he praised the Commonwealth Games Federation, the host nation Samoa and the hundreds of young athletes participating.

"They have shown how sport can bring communities together, and create new bonds and greater understanding among teams and individuals representing our immensely rich Commonwealth diversity."

## Pakistan army's horrors revealed

For years, human rights activists have accused Pakistan's military of carrying out extra-judicial murders of political opponents in the country's largest province, Balochistan.

Islamabad denies them, but now a conscientious objector, a Pakistani soldier, has released a grainy video to Baloch nationalist websites, which appears to confirm their worst fears. The 90-second clip shows a Pakistan army convoy in typical Balochistan terrain of dry parched land with mountains in the background. A group of soldiers take a Baloch prisoner from a truck and drag him a few feet.

The prisoner is then set free, but he barely takes six steps when a soldier shoots him three times in the back, killing him on the spot. The Baloch prisoner collapses face down. The Pakistani soldier then stands above the body and pumps four more bullets to finish off his prey.

He walks away towards the convoy, but then apparently decides his work is not yet done. He returns to the lifeless Baloch man on the ground and fires one parting shot into his dead body before running back to the truck.

This in human rights circles is known as Pakistan's "kill and dump" policy in Balochistan.

Declan Walsh, the Pakistani bureau chief for the *New York Times*, who is banned from entering Pakistan and works out of London, has described the war in Balochistan as "Pakistan's secret dirty war". Citing alleged war crimes being committed by the Pakistan army, Walsh wrote in , as far back as 2011:

"The bodies surface quietly, like corks bobbing up in the dark. They come in twos and threes, a few times a week, dumped on desolate mountains or empty city roads, bearing the scars of great cruelty. Arms and legs are snapped; Flesh is sliced with knives or punctured with drills; genitals are singed with electric prods ... All have a gunshot wound in the head."

Last month, the war in Balochistan, symbolically speaking, came to Canada when a handful of Baloch Canadians set up a protest outside an event organized by hundreds of former Pakistani military officers who moved to this country.



Picture taken on Aug14, 1985 shows the Greenpeace boat sunk Auckland /AFP/Getty Images

## NZ bomb: French spy apologizes

A French secret service diver who took part in the operation to sink Greenpeace ship the Rainbow Warrior 30 years ago has spoken publicly for the first time to apologize for his actions.

The Rainbow Warrior was heading for the Mururoa Atoll in the South Pacific in French Polynesia where France was planning a series of nuclear tests.

Jean-Luc Kister, who attached a mine to the ship's hull, says the guilt of the bombing, which killed a photographer, still weighs heavily on his mind.

"We are not assassins and we have a conscience," the former agent told investigative website Mediapart. "I have the weight of an innocent man's death on my conscience... It's time, I believe, for me to express my profound regret and my apologies," Kister said.

He said he wanted to apologize to the family of the dead man, Fernando Pereira, "especially his daughter Marelle... for what I call an accidental death but what they consider an assassination", and to the Greenpeace crew and the people of New Zealand. Kister

was one of two divers serving with the French intelligence, who attached limpet mines to the hull of the vessel.

The first mine exploded at 11.38pm when many of the crew were asleep, and blew a large hole in the ship's hull. Pereira, who had returned to his cabin to retrieve his cameras was below deck when a second bomb exploded. The Portuguese-born photographer, 35, was trapped in his cabin and drowned.

Paris initially denied any involvement in the sinking, and described it as a "terrorist attack". Documents released in 2005 and published in the Guardian, showed that France tried to blame British intelligence for the sinking in a campaign of "misinformation and smears". The French government's responsibility, however, was quickly established and the incident became a political fiasco.

On the Greenpeace website, the organization states that the two French agents who posed as tourists pleaded guilty to charges of manslaughter and wilful damage and were sentenced to 10 and 7 years, but were released within two. Of the other intelligence operatives it says "most of those involved in what happened that night in an Auckland harbour have simply disappeared".

## Homo Naledi: New SA humans

Researchers revealed a new human species in South Africa last month. Lee R. Berger, a professor of human evolution studies at the University of the Witwatersrand in Johannesburg, unveiled a previously unidentified species of the early human lineage – Homo naledi.

Acting on a tip from spelunkers two years ago, scientists in South Africa discovered what the cavers had only dimly glimpsed through a crack in a limestone wall deep in the Rising Star Cave: lots and lots of old bones.

The remains covered the earthen floor beyond the narrow opening. This was, the scientists concluded, a large, dark chamber for the dead of a previously unidentified species of the early human lineage – Homo naledi. Perhaps a cousin of Homo Sapiens.

Murray Burt writes this column to raise sensitivities to the Commonwealth's value and to lift the curtain on our understanding of a third of the population of the world. The Commonwealth name and significance is rarely mentioned in daily news, he says. It should be.



*Erithacus rubecula*



*Petroica*



*Turdus migratorius*



*Petroica australis*



## birds*i*view...

by Charlie Powell

### Robins

Is there any bird up and at it earlier than the robin?! If there is, I haven't observed it yet. Even before dawn breaks robins are quietly going about finding their breakfast. Before long a blue jay might start up its grating screech, telling the neighbourhood "here I am!", while the robin just mumbles under its breath "close it mate, I'm listening for worms down here". It's true - tests have demonstrated that robins can find worms underground by simply using their listening skills. It's probably our fault that they have to start so early - I'm sure we've made the world a noisier place than nature intended.

As is often the case, the American and Australian species were named "robins" because their reddish breasts reminded the early British settlers of their familiar robin redbreast. They are actually not even closely related.

The **European robin** (*Erithacus rubecula*), has an orange breast and face, feeds on insects and is a chat. I saw one for the first time in a park in Chester, England, about 10 years ago.

The **American robin** (*Turdus migratorius*), is darker, larger and the rusty coloring of the breast does not extend to the face. It prefers invertebrates, so its diet includes beetles, grubs, worms and caterpillars. It is a thrush and migrates south when winter comes. As I write this in late September, the local flock are busy feeding on the berries of the neighbour's mountain ash.

The **Australian robins** (*Petroica*) are a group of about 45 species in the Petroicidae family. I encourage you to google images of

them - you will marvel at their beauty and variety. I have to admit that I have never (knowingly) viewed one! I plan to make it my mission next visit down under.

**New Zealand** has a couple: *Petroica australis* - with distinct subspecies on the South Island, Stewart Island and the Chatham Islands; and *Petroica longipes* on the North Island. Despite the australis in the name, these little guys are true "Kiwis" with their predominantly black and white coloring. Destruction of habitat by human activity and predation by other birds has made it necessary to develop conservation measures. I am indebted to Anonymous for the following English poem:

Robin sang sweetly  
When the days were bright:  
'Thanks, thanks for summer,'  
He sang with all his might.

Robin sang sweetly,  
In the autumn days,  
'There are fruits for everyone;  
Let all give praise.'

In the cold and wintry weather,  
Still hear his song:  
'Somebody must sing,' said Robin  
'Or winter will seem long.'

When the spring came back again,  
He sang, 'I told you so!  
Keep on singing through the winter  
It will always go.'



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CLUB OF WINNIPEG INC.  
Station Main, PO Box 1655,  
Winnipeg Manitoba Canada R3C 2Z6  
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